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Module 4$$.pdf

Module 4 TED Talk/Video Assignment

PE 218 Management of Sport, Fitness, Health and Physical Education

Erskine College

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798 Words

5,005 Characters

76% detected as AI

The percentage indicates the combined amount of likely AI-generated text as well as likely AI-generated text that was also likely AI-paraphrased.

Caution: Review required.

It is essential to understand the limitations of AI detection before making decisions about a student's work. We encourage you to learn more about Turnitin's AI detection capabilities before using the tool.

Detection Groups

1 AI-generated only 76%
Likely AI-generated text from a large-language model.

2 AI-generated text that was AI-paraphrased 0%
Likely AI-generated text that was likely revised using an AI-paraphrase tool or word spinner.

Disclaimer
Our AI writing assessment is designed to help educators identify text that might be prepared by a generative AI tool. Our AI writing assessment may not always be accurate (it may misidentify writing that is likely AI generated as AI generated and AI paraphrased or likely AI generated and AI paraphrased writing as only AI generated) so it should not be used as the sole basis for adverse actions against a student. It takes further scrutiny and human judgment in conjunction with an organization's application of its specific academic policies to determine whether any academic misconduct has occurred.

Frequently Asked Questions

How should I interpret Turnitin's AI writing percentage and false positives?
The percentage shown in the AI writing report is the amount of qualifying text within the submission that Turnitin's AI writing detection model determines was either likely AI-generated text from a large-language model or likely AI-generated text that was likely revised using an AI-paraphrase tool or word spinner.

False positives (incorrectly flagging human-written text as AI-generated) are a possibility in AI models.

AI detection scores under 20%, which we do not surface in new reports, have a higher likelihood of false positives. To reduce the likelihood of misinterpretation, no score or highlights are attributed and are indicated with an asterisk in the report (*%).

The AI writing percentage should not be the sole basis to determine whether misconduct has occurred. The reviewer/instructor should use the percentage as a means to start a formative conversation with their student and/or use it to examine the submitted assignment in accordance with their school's policies.

What does 'qualifying text' mean?
Our model only processes qualifying text in the form of long-form writing. Long-form writing means individual sentences contained in paragraphs that make up a longer piece of written work, such as an essay, a dissertation, or an article, etc. Qualifying text that has been determined to be likely AI-generated will be highlighted in cyan in the submission, and likely AI-generated and then likely AI-paraphrased will be highlighted purple.

Non-qualifying text, such as bullet points, annotated bibliographies, etc., will not be processed and can create disparity between the submission highlights and the percentage shown.

Certification 1: The National Academy of Sports Medicine (NASM) – Certified Personal Trainer (CPT) NASM-CPT is an acronym/abbreviation, and the governing body is the National Academy of Sports Medicine (NASM) which was established in 1987 by Dr. Robert M. Goldman.

Governing Body: NASM is a well-established organization that offers evidence-based fitness certifications.

Focus of Certification:

The NASM-CPT uses the Optimum Performance Training (OPT) Model in order to ensure client outcomes are met in stabilization, strength, and power.

Suitable for those wishing to work with the general population, athletes and individuals with specific performance requirements.

Price (All Levels):

Self-Study: $799

Premium Self-Study: $1,099

Guided Study: $1,399

All-Inclusive: $1,999

Retake Fee: $199

Study Materials/Access/Tests/Exams Included:

Self-Study: E-textbook, practice exams and the final certification exam.

Premium Self-Study: It comes with extra video lectures and learning tools.

Guided Study: Access to live workshops and mentorship.

All-Inclusive: All the materials, unlimited exam retakes.

Certification 2: International Sports Sciences Association (ISSA) – Certified Personal Trainer (CPT)

Acronym/Abbreviation & Governing Body:

ISSA-CPT is the International Sports Sciences Association – Certified Personal Trainer.

Governing Body: ISSA is a fitness organization that was formed in 1988 to provide fitness professionals across the globe.

Focus of Certification:

ISSA-CPT encompasses a wide array of topics including anatomy, physiology, biomechanics, and nutrition.

Suitable for trainers who wish to work with children, the elderly and people with disabilities.

Price (All Levels):

Standard Certification Package: $999

Elite Trainer Bundle: $1,499 (Specialization Included)

Master Trainer Bundle: $1,999

Retake Fee: $50

Study Materials/Access/Tests/Exams Included:

Online textbook and interactive study guides.

Access to ISSA online learning platform.

Practice quizzes and final online certification exam.

Unlimited access to student forums and ongoing support.

Certification 3: American Council on Exercise (ACE) – Certified Personal Trainer (CPT)

Acronym/Abbreviation & Governing Body:

ACE-CPT is the American Council on Exercise – Certified Personal Trainer.

Governing Body: ACE is a non-profit making organization that was established in 1985 with the aim of certifying fitness professionals and encouraging people to engage in physical activities.

Focus of Certification:

ACE-CPT is a client-centered approach that combines behavior change theories with exercise science to create effective fitness programs.

For trainers who are interested in working with the general population and those who want to learn about behavior modification.

Price (All Levels):

Basic Package: $599

Plus, Package: $699

Advantage Package: $799

Retake Fee: $199

Study Materials/Access/Tests/Exams Included:

Based on the package, it includes either the digital or physical textbooks.

ACE online learning platform and study guides for access.

Practice exams and final certification exam.

Additional resources like video lectures and webinars.

Certification 4: National Strength and Conditioning Association (NSCA) – Certified Personal Trainer (CPT)

Acronym/Abbreviation & Governing Body:

NSCA-CPT is the National Strength and Conditioning Association – Certified Personal Trainer.

Governing Body: NSCA is an organization that was established in 1978 and is well known in the strength and conditioning area.

Focus of Certification:

NSCA-CPT is focused on working with both active and sedentary populations to enhance strength, power, and endurance.

Well suited for strength coaches and those working on athletic performance.

Price (All Levels):

NSCA Member Fee: $300

Non-Member Fee: $435

Retake Fee: $250

Study Materials/Access/Tests/Exams Included:

Textbooks and online resources.

Practice exams and optional workshops.

Final certification exam with the possibility of a retake.

Certification 5: American College of Sports Medicine (ACSM) – Certified Personal Trainer (CPT)

Acronym/Abbreviation & Governing Body:

ACSM-CPT stands for the American College of Sports Medicine – Certified Personal Trainer.

Governing Body: ACSM was founded in 1954 and is one of the leading organizations in the sports medicine and exercise science field.

Focus of Certification:

ACSM-CPT trains professionals to work with a variety of clients by emphasizing health promotion, rehabilitation, and preventive care.

Good for people who work in clinical, rehab, and wellness environments.

Price (All Levels):

ACSM Member Fee: $279

Non-Member Fee: $349

Retake Fee: $150

Study Materials/Access/Tests/Exams Included:

Official ACSM textbooks and study guides.

Access to online resources and practice quizzes.

Certification exam and study prep tools.

Certification 6: National Federation of Professional Trainers (NFPT) – Certified Personal Trainer (CPT)

Acronym/Abbreviation & Governing Body:

The acronym NFPT-CPT represents the National Federation of Professional Trainers – Certified Personal Trainer.

NFPT was founded in 1988 as a governing body which grants entry-level training certifications.

Focus of Certification:

NFPT-CPT establishes core personal training principles that concentrate on fundamental entry-level fitness education alongside safety protocols.

This certification suits those who want to establish a basic foundation that will lead them to advanced specialization areas.

Price (All Levels):

Basic Package: $199

Standard Package: $399

Premier Package: $499

Retake Fee: $119

Study Materials/Access/Tests/Exams Included:

NFPT members receive full access to their online portal and study guides.

Textbooks and practice exams.

The program includes a final certification exam and continuous support materials.